

Yorktown Senior Newsletter

FOR THE TOWN OF YORKTOWN SENIORS

May/June 2026

YORKTOWN PARKS & RECREATION DEPARTMENT



Pool Passes (\$)

Ages 60-64 : **\$46**

Ages 65-69 : **\$26**

Ages 70+ : **FREE**

Pool Registration BEGINS May 5th !

Proof of residency is now required *every* year for both renewals and first-time applicants. Pool registration will **only** be available online or in-person.

For online registration: Login to your Community Pass account, add your pool membership to cart, then upload two (2) proofs of residency when prompted.

For in-person Registration: Bring two (2) proofs of residency.

No renewals will be done over the phone.

First time pool pass applicants:

Proof of residency required. Create an account on Community Pass if you do not have one. Visit Recreation Office to obtain membership and photo ID card.

Guest Policy:

2 Guests allowed per individual pass. Guest must pay entry fee at gate.

Pool pass membership renewal:

Proof of residency required. Renew previous membership online or in person in the Recreation office. If you have moved into a new age bracket/membership from last year, you will need a new ID Card printed.



YORKTOWN PARKS AND RECREATION OFFICE

Location: AACCCC 1974 Commerce St. Room 122 Yorktown Heights

Registration Hours: Mon-Fri 8:30am-4pm **Evening Pool Registration Hours:** Tues-Wed 4:30pm-7pm

Registration: <http://register.capturepoint.com/Yorktown> OR **Call** (914) 245-4650

Senior Swim Hours



Brian J. Slavin Facility
3800 Sunnyside St

Tuesday & Thursday, 10:30am-12:00pm
June 30th to August 13th

Junior Lake Facility
1939 Edgewater St

Mon, Wed, Fri 10:00am-12:00pm
August 3rd to August 14th

SUMMER PROGRAMS

DANCE & EXERCISE - FREE*

Line dancing with some fitness exercise.

Fridays (607A): March 27th - June 5th

Fridays (608A): June 26th - July 31st

10:45 - 11:45am

Location: AACCCC Gym

FOREVER FIT - \$8*

Low impact aerobics and 30 minutes of strength and stability training. A pair of 2-4 pound weights are recommend.

Summer Tuesdays : June 9th - August 18th

604A: 7:45am-8:45am

Summer Fridays: June 26th - August 21th

605A: 7:45am-8:45am

Location: AACCCC Gym

KNITTING CLUB - FREE*

Bring your supplies and current project and enjoy a morning of knitting.

Thursdays (616A): 10:00am-12pm

Location: Now in **Room 26** of the AACCCC

SENIOR LINE DANCING - FREE*

Come and join Betty Boot in some fun County-Western Line dancing steps.

Wednesdays (606A): April 1st - August 26th

12:00pm-1:00pm

Location: AACCCC Gym

SENIOR PAINTING - A \$55 B \$20*

Two Hour session (A): Classes include a variety of lessons to build and improve technique and skill. One hour Session (B): Open studio time. Participants receive one-on-one guidance as needed. Students must bring their own brushes and canvases, and reference pictures. A sketch book is recommended. Acrylic paints are provided. Students are welcome to bring their own paint if they want to work in oils.

Mondays: April 13th - June 8th

601A- Mondays, 9:30-11:30

601B - Mondays, 10:30am-11:30am

Location: Sparkle Lake

SENIOR YOGA - \$6*

This uplifting class blends gentle movement, balance practice, and breathwork--all with the support of a chair. We'll work on improving mobility, building bone strength, and staying steady on your feet. Each class ends with guided relaxation to leave you feeling refreshed, calm, and centered.

Summer Mondays: July 20th - August 24th

614B - 2:00pm-3:00pm

Location: AACCCC Room 104

*Fees listed are for Yorktown Residents. Nonresidents pay \$30 fee if room is available.

To Register: Visit: register.capturepoint.com/yorktown OR CALL (914) 245-4650

Waitlists: You will receive an email receipt confirming you are on a waitlist for a class. You will be on a waitlist until you have received a call or email from a staff member confirming that a spot has opened for you.



YORKTOWN PARKS & REC PICKLEBALL

COURTS ARE NOW OPEN!*



***MUST HAVE ACTIVE PASS TO USE COURTS:**

TENNIS/PICKLEBALL PASS, INSTRUCTIONAL CLINICS, AND LEAGUES
Register at register.capturepoint.com/yorktown

COURT LOCATION

Granite Knolls Sports Complex - 2975 Stony St. Mohegan Lake

Commemorate America's 250th Birthday in Yorktown!

THE BATTLE OF PINES BRIDGE COMMEMORATION PARADE/HISTORICAL FESTIVAL

The Veterans Memorials Circle & Railroad Park 10am-4pm



June
6th-7th

ROCHAMBEAU FESTIVAL 10AM-4PM

Rochambeau Park/ Yorktown Grange Fairgrounds

FINDING YOUR REVOLUTIONARY WAR ANCESTORS*

John C. Hart Memorial Library 1pm-2pm *registration required



June
20th

NEW SOUNDS OF THE AMERICAN REVOLUTION

Concert: Signed Sealed Delivered in Song
7:30pm at the First Presbyterian Church of Yorktown



For more info, view the Town Calendar: <https://calendar.yorktownny.gov>

2026 Senior Club Trips

AARP Chapter #3297

Contact: Rich DeSilva (914) 391-5442*
For trip forms, visit the Rec Office

- **August 5th, 2026**
'Smile' a Tribute to Barbra Streisand & Tony Bennett at Resorts World Casino. Casino Perks: \$25 Slot Play, Buffet Lunch, and ticket to the 3pm show. **\$120** per person
- **October 8th, 2026**
Oktoberfest at Kruckers
Includes Breakfast, lunch, dessert, snacks, beverages, and entertainment. Pomona, NY **\$125** per person

Friends of JV Travel

Contact: Rich DeSilva (914) 391-5442*
For trip forms, visit the Rec Office

- **November 11th - 13th 2026**
Lancaster Show Trip & the Dutch Country
Trip includes: 2 night hotel stay, 2 breakfasts, 2 dinner, admission to "Joshua" at the Famous Sight & Sound Theaters, Holiday show at Magic & Wonder Theater, trip to Kitchen Kettle Village, The Amish Experience & Jacobs Choice at the F/X Theatre. **\$485 per person for double occupancy - \$580 per person for single**

JOF Travel Club

Contact: Jim Higgins (914) 302-2836*

- **October 8th, 2026** **NEW**
Send Me No Flowers Play & Luncheon at Hunterdon Hills Playhouse, NJ
George mistakenly overhears his doctor discussing another patient with heart trouble, he believes his time has come. Putting his affairs in order, he writes his eulogy and even arranges for a new husband for his soon-to-be-widow.. This Wacky and Hysterical play was made into a movie starring Rock Hudson and Doris Day! Includes transportation and a served lunch, all for **\$130.00.**



Yorktown Museum

CURRENT EXHIBIT: THE OLD PUT RAILROAD

Hey, Yorktown Seniors! Come visit the Yorktown Museum to learn the history of the town you live in. Our recent exhibits included - Black History Month

for February and Women's History Month for March. Our current exhibit is all about The Old Put Railroad. Come check it out! In May, we will be commemorating Memorial Day. And to celebrate America's 250th anniversary, we will focus on Yorktown's role in the Revolutionary War. So much history here! Open Monday-Friday, 9-4 Free of charge. Location: AACCCC (Albert A. Capellini Community & Cultural Center) 1974 Commerce Street, Top Floor Yorktown Heights, NY 10598

Yorktown Senior Activities Calendar

All Lunches Served at 12pm

See "Yorktown Senior Center" for more information on the Nutrition Program

Funded through the Department of Health & Human services, N.Y. State Office for Aging, Westchester County Department of Senior Programs & Services, and the Town of Yorktown

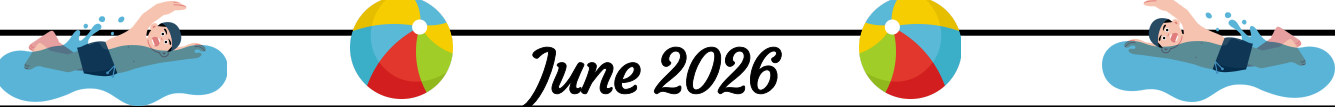
 May 2026				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 DANCE & EXERCISE FALL PREVENTION FOREVER FIT Lunch: Roast Turkey w/Gravy
4 SENIOR PAINTING SENIOR YOGA <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM Lunch: Knockwurst w/sauerkraut	5 FOREVER FIT <u>WIDOWS AND WIDOWERS</u>  Lunch: Chicken Fiesta	6 CHAIR YOGA LINE DANCING MAH JONGG Lunch: Meatloaf w/gravy	7 CHAIR YOGA KNITTING CLUB FALL PREVENTION Lunch: Flounder Oregonata	8 DANCE & EXERCISE FALL PREVENTION FOREVER FIT Lunch: Celebrate Mother's Day Chicken Cordon Bleu
11 SENIOR PAINTING SENIOR YOGA <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM Lunch: Beef Stuffed Peppers	12 FOREVER FIT Lunch: Roast Turkey w/gravy	13 LINE DANCING MAH JONGG <u>AARP 2pm</u> *Senior Center Closed*	14 KNITTING CLUB FALL PREVENTION CARDIO DRUMMING Lunch: Hawaiian Chicken	15 DANCE & EXERCISE FALL PREVENTION FOREVER FIT Senior Advisory Committee 1pm Town Hall *Senior Center Event*
18 SENIOR PAINTING <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM Lunch: Crispy Baked Fish	19 FOREVER FIT <u>ST. PATRICK'S SENIORS</u> 10AM Lunch: Swedish Meatballs w/gravy	20 LINE DANCING MAH JONGG Lunch: Eggplant Parmigiana	21 KNITTING CLUB FALL PREVENTION Lunch: Sweet & Sour Pork	22 FALL PREVENTION FOREVER FIT Lunch: Pulled BBQ Chicken
25  MEMORIAL DAY	26 FOREVER FIT Lunch: Stuffed Shells	27 LINE DANCING MAH JONGG Lunch: Baked Salmon	28 KNITTING CLUB Lunch: Molasses Chicken Thigh	29 DANCE & EXERCISE FOREVER FIT Lunch: Salisbury Steak

Yorktown Senior Activities Calendar

*June senior lunch calendar not yet available.

Visit <https://www.yorktownny.gov/senior/nutrition-program-monthly-menu> for menu

Funded through the Department of Health & Human services, N.Y. State Office for Aging, Westchester County Department of Senior Programs & Services, and the Town of Yorktown

 June 2026				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SENIOR PAINTING SENIOR YOGA <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM *Lunch	2 <u>WIDOWS AND WIDOWERS</u> *Lunch	3 LINE DANCING MAH JONGG *Lunch	4 KNITTING CLUB *Lunch	5 DANCE & EXERCISE *Lunch
8 SENIOR PAINTING <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM *Lunch	9 FOREVER FIT *Lunch	10 LINE DANCING MAH JONGG <u>AARP 2pm</u> *Lunch	11 KNITTING CLUB *Lunch	12 Senior Advisory Committee: 1pm Town Hall *Lunch
15 <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM *Lunch	16 <u>ST. PATRICK'S SENIORS</u> 10AM *Lunch	17 MAH JONGG Last day for evening pool registration hours 4:30pm-7pm *Lunch	18 KNITTING CLUB *Lunch	19 
22 <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM *Lunch	23 *Lunch	24 MAH JONGG *Lunch	25 KNITTING CLUB *Lunch	26 DANCE & EXERCISE FOREVER FIT *Lunch
29 <u>SHRUB OAK: 10AM-1PM</u> TIPS 9AM-11AM *Lunch	30 FOREVER FIT Senior Swim @Brian J. Slavin Facility - 10:30am-12pm *Lunch			

AAA Defensive Driving

COURSE

June 13th, 2026 9:00am-4:00pm

6-hour in-person defensive driving course
Location: AACCCC Nutrition Room

REGISTER NOW!

To Register: Call (914) 245-4650 or stop by the Rec Office at 1974 Commerce St. Room 104 Yorktown Heights

RESIDENT FEES

Resident Senior

\$40

Upcoming Events/ Programs



Fam Jam – Saturday, May 9th 12pm

Jack DeVito Veterans Memorial Field - Food Trucks & Craft Beer, Live Music, Soccer Challenge, Fun Zone for Kids. In 2022, the FAM JAM family united to bring our town something special: a family-oriented festival that raises money to support the needs of our local community. As responsible partners, we recognize that our town needs a robust sports program for our youth, stocked food pantries, a well-equipped fire and ambulance department, as well as services for our active military personnel and veterans. Thus, the creation of FAM JAM.



Cardio Drumming* – Thursday, May 14th 1:15pm

North Westchester Restorative Therapy and Nursing is hosting a FREE, fun and energizing cardio drumming session! This heart-pumping activity led by Cardiopulmonary Director Mike Cohen combines movement, rhythm, and music to promote physical fitness, mental wellness, and community connection all while having a blast! - AACCCC Room 104. *Registration required contact Rec Office (914) 245-4650

Westchester County Events

Salute to Seniors – Thursday, May 7th, 2026

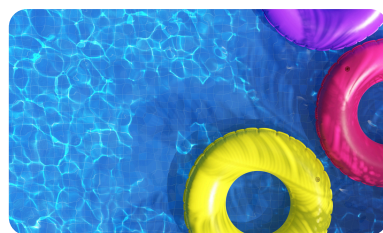


Showcase of Senior Services at the Expo, Health and Wellness Fair, Educational Workshops, Demonstrations, Entertainment.

For more info visit: www.westchestergov.com/seniors

9:30am-1:30pm
Westchester County Center, White Plains

Saxon Woods Pool Party & Barbeque – Wednesday, June 17th, 2026



SPACE IS LIMITED - REGISTRATION REQUIRED

Live Music from *Soul Machine*, Mini golf, Shuffle Board, Fitness Classes, and lunch. Lunch must be order by Friday, June 5th. Call (914) 813-6380 or (914) 813-6416 to order. Suggested lunch contribution is \$4, nonrefundable.

10:00am-3:00pm. Lunch Served 11:30am-12:30pm.
Saxon Woods Pool - 1800 Mamaroneck Ave., White Plains

SENIOR CLUBS

AARP CHAPTER #3297

Meeting Dates: 2nd Wednesday of each month, 2:00-4:00pm

Next Meeting: May 13th

Location: AACCCC Nutrition Room

President: Julie Nielsen (914) 522-0702

ST. PATRICK'S SENIORS

(For Members Only)

Meeting Dates: 3rd Tuesday of every month, 10:00am

May 19th meeting will be collecting items for the Hudson Valley Veterans Hospital food pantry. Canned items: fruit, vegetable, beans, tuna/chicken, soup/ramen. Tomato sauce, pasta, peanut butter, jelly, rice, cereal, shelf milk, pancake mix, syrup, mac n' cheese

Location: St. Patrick's Church

Contact: Carol Manse (914) 245-2953

FRIENDS OF JEFFERSON VILLAGE

Contact: Rich DeSilva (914) 391-5442

SHRUB OAK SENIORS

Meeting Dates: Monday, 10am-1pm

Location: AACCCC Room 16

Contact: Bea Perkins (845) 661-5479

JOF TRAVEL CLUB

Contact: Jim Higgins (914) 302-2836

Email: travelclub024@gmail.com

ST. PATRICK'S WIDOWS & WIDOWERS

First Tuesday of each month

Location: St. Patrick's Church

Contact: Ada Ereno (914) 214-8060

YORKTOWN SENIOR CENTER

Programs are funded through the Department of Health & Human Services, N.Y. State Office of Aging, Westchester County Department of Senior Programs & Services, and the Town of Yorktown.

Nutrition Program

Seniors 60 years and older, join us for lunch at the Yorktown Senior Center. Eat with friends and meet new people! Hot lunch is served in the Senior Center, Monday - Friday at 12 pm. Reservations are required at least one day in advance by 1:00 pm. Suggested donation is \$3.00. Please contact the Senior Center for more information or to make a reservation. Monthly Menu can be found online at www.yorktownny.gov/senior

TIPS (Telehealth Intervention Programs for Seniors)

Participants can have their vital signs- blood pressure, blood oxygen levels and weight checked every Monday from 9:00 a.m. – 11:00 a.m. by a trained technician at no cost to the participant. The data is transmitted to a nurse who reviews it remotely. If there is cause for concern, the nurse will contact the patient.

Programs

Yorktown Senior Center provides many different and fun activities, programs and events throughout the year. Programs and activities include but not limited to: Card Games & Bingo – Monday - Friday from 10am to 12pm - Exercise Classes - Monthly Speakers - Shopping

Homebound Meals and Transportation

For more information, visit www.yorktownny.gov/senior or connect the Senior Center (914) 962-7447.

Director: Noreen O'Driscoll Office Hours: Mon-Fri 9:00am-2:30pm

Location: AACCCC Building (1974 Commerce St. Yorktown Heights)