

YORKTOWN SENIOR CENTER

(914) 962-7447

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		CELEBRATE AMERICA HAMBURGER/HOT DOG TOSSED SALAD MACARONI SALAD ROLLS CAKE	2 BBQ CHICKEN BAKED BEANS COLESLAW CORNBREAD FRUIT CHERRY PIE	3 !!! CLOSED !!! 
6 BEEF STUFFED PEPPERS MASHED POTATOES BROCCOLI FLORETS WHEAT BREAD TROPICAL FRUIT COCKTAIL	7 ROASTED CHICKEN W/GRAVY HARVARD BEETS TUSCAN VEGETABLES DINNER ROLL FRUIT CHOCOLATE CAKE	8 BREADED PORK CHOP SWEET POTATOES GREEN CABBAGE PUMPERNICKEL BREAD SLICED APPLES	9 CHICKEN SAUSAGE PEPPERS & ONIONS POTATO SALAD CLUB ROLL COOKIES	10 FLOUNDER OREGANATA QUIONA & KALE GLAZED CARROTS WHEAT BREAD PEACHES
13 KNOCKWURST W/SAUERKRAUT BAKED BEANS COLESLAW CLUB ROLL PINEAPPLE CHUNKS	14 MACARONI & CHEESE STEWED TOMATOES FRENCH STYLE GREEN BEANS RYE BREAD FRUIT COCKTAIL	15 MEATLOAF W/GRAVY MASHED POTATOES SPINACH WHOLE WHEAT BREAD FRUIT PUDDING	16 SALMON POTLACH BROCCOLI LENTIL PILAF DINNER ROLL MANDARIN ORANGES	17 ROAST TURKEY W/GRAVY SWEET POTATOES CAULIFLOWER PUMPERNICKEL BREAD FRUIT CRANBERRY SAUCE
20 CRISPY BAKED FISH CORN KALE & ONIONS RYE BREAD APPLESAUCE TARTAR SAUCE	21 SWEDISH MEATBALLS BUTTERED NOODLES GLAZED CARROTS SPINACH WHEAT BREAD CAKE/FRUIT	22 EGGPLANT PARMIGIANA TOSSED SALAD W/CHICKPEAS ZUCCHINI ITALIAN BREAD APRICOTS	23 SWEET & SOUR PORK RICE ASIAN VEGETABLES DINNER ROLL FRUITED GELATIN	24 PULLED BBQ CHICKEN BAKED BEANS CARROT RAISIN SALAD CORNBREAD FRUIT
27 SPAGHETTI W/ MEATBALLS BROCCOLI FLORETS ZUCCHINI ITALIAN BREAD PEACHES	28 SOLE VERACRUZ RED BEANS & BROWN RICE CARRIBEAN VEGETABLES DINNER ROLL FRUIT COCKTAIL	29 HAM & CHEESE SANDWICH LETTUCE & TOMATO LENTIL QUIONA SALAD CLUB ROLL FRUIT	30 MOLASSES CHICKEN THIGH CHEESY GRITS COLLARD GREENS PUMPERNICKEL BREAD MANDARIN ORANGES	31 SALISBURY STEAK TATER TOTS PEPPERS & ONIONS WHEAT BREAD CAKE FRUIT

* Milk served daily

**Menus subject to change without notice.

*** SUGGESTED DONATION - \$3 PER MEAL ***

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.