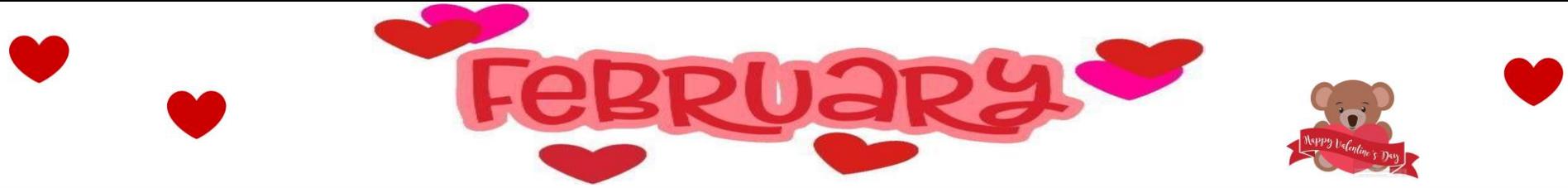


YORKTOWN SENIOR CENTER

(914) 962-7447

HDM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
SOLE FLORENTINE PARSLIED COUSCOUS CARROTS WHEAT BREAD FRUIT COCKTAIL TARTAR SAUCE	MEXICAN LASAGNA RED BEANS & RICE SAUTEED ONIONS & PEPPERS RYE BREAD FRUIT	MEATLOAF BUTTERED NOODLES BROCCOLI DINNER ROLL PEACHES	JERK SPICED CHICKEN BUTTERED GRITS CARIBBEAN VEGETABLES CORNBREAD SWEET POTATO PIE	EGGPLANT PARMIGIANA TOSSED SALAD W/BEANS SPINACH ITALIAN BREAD FRUIT
9	10	11	12	13
KNOCKWURST W/SAUERKRAUT BAKED BEANS COLESLAW CLUB ROLL FRUIT COCKTAIL	TURKEY MEATLOAF MASHED POTATOES PEAS & CARROTS WHEAT BREAD COOKIES	PORK CUTLET PICCATA RICE PILAF BRUSSEL SPROUTS PUMPERNICKEL BREAD FRUIT APPLESAUCE	<u>CELEBRATE VALENTINE'S DAY!</u> CHICKEN W/CRANBERRY ORANGE SAUCE SWEET POTATOES GREEN BEANS DINNER ROLL CHOCOLATE CAKE	SPAGHETTI W/MEATBALLS BROCCOLI FLORETS TOSSED SALAD ITALIAN BREAD FRUIT
16	17	18	19	20
!!! CLOSED !!! 	CHICKEN GUMBO RED BEANS & RICE COLLARD GREENS CORNBREAD BANANA CAKE	SALMON W/LEMON BUTTER QUINOA & KALE GLAZED CARROTS WHEAT BREAD FRUIT	BEEF STEW BUTTERED NOODLES GREEN BEANS DINNER ROLL PEACHES	VEGETABLE & CHEESE FRITTATA HOME FRIED POTATOES TOSSED SALAD RYE BREAD ORANGE
23	24	25	26	27
SALISBURY STEAK MASHED POTATOES MIXED VEGETABLES RYE BREAD PEARS	<u>CELEBRATE CHINESE NEW YEAR!</u> CHICKEN STIR FRY VEGETABLES WHITE RICE BROCCOLI FLORETS DINNER ROLL FORTUNE COOKIES	CRISPY BAKED FISH CORN GREEN BEANS WHEAT BREAD FRUIT TARTAR SAUCE	ROAST TURKEY W/GRAVY SWEET POTATOES CAULIFLOWER & PEAS CORNBREAD FRUIT COCKTAIL CRANBERRY SAUCE	STUFFED SHELLS W/MEAT SAUCE TOSSED SALAD W/BEANS ZUCCHINI ITALIAN BREAD CAKE



* Milk served daily

**Menus subject to change without notice.

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.

*** SUGGESTED DONATION - \$3 PER MEAL ***