

YORKTOWN SENIOR CENTER

(914) 962-7447

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SOLE FLORENTINE SWEET POTATOES WAX BEANS WHEAT BREAD FRUIT COCKTAIL	4 BEEF & CHEESE LASAGNA SPINACH W/GARLIC CAULIFLOWER ITALIAN BREAD PEACHES	5 ROAST TURKEY W/GRAVY MASHED POTATOES GLAZED CARROTS DINNER ROLL MANDARIN ORANGES CRANBERRY SAUCE	6 PORK CHOP W/SAUERKRAUT HOT GERMAN POTATO SALAD GREEN BEANS PUMPERNICKEL BREAD SLICED APPLES POUND CAKE	7 CHICKEN RATATOUILLE PENNE W/PESTO TOSSED SALAD WHEAT BREAD PEARS
10 HONEY MUSTARD CHICKEN CORN CREAMED SPINACH WHEAT BREAD PINEAPPLE CHUNKS	11 MEATLOAF W/GRAVY SWEET POTATOES PEAS & ONIONS PUMPERNICKEL BREAD MANDARIN ORANGES	DELIVERED ON 8/11 CHICKEN SALAD MACARONI SALAD COLESLAW CLUB ROLL CAKE	13 SALMON W/ CARIBBEAN PEACH SAUCE BROCCOLI FLORETS TOSSED SALAD RYE BREAD APRICOTS	14 VEAL & MUSHROOMS BUTTERED NOODLES MEDITERRANEAN VEGETABLES DINNER ROLL FRUIT COCKTAIL
17 CHICKEN SAUSAGE TATER TOTS COLESLAW WHEAT BREAD PEACHES	18 BEEF & PEPPER STEAK BUTTERED NOODLES RYE BREAD COFFEE CAKE	DELIVERED ON 8/18 TUNA SALAD PASTA SALAD THREE BEAN SALAD CLUB ROLL PEARS	20 CRISPY BAKED CHICKEN SUCCOTASH COLLARD GREENS CORNBREAD TROPICAL FRUIT COCKTAIL	21 EGGPLANT PARMIGIANA WHOLE WHEAT PENNE BROCCOLI FLORETS W/ CHICKPEAS PUMPERNICKEL BREAD APPLESAUCE
24 SALSIBURY STEAK W/GRAVY AUGRATIN POTATOES CARROTS WHEAT BREAD PEACHES	25 CHILI CHEESE HOT DOG COLESLAW TATER TOTS HOT DOG BUN APRICOTS BROWNIE	26 HONEY GARLIC CHICKEN & BROCCOLI BROWN RICE ASIAN VEGETABLES WHEAT BREAD MANDARIN ORANGES	27 BREADED PORK CHOP SWEET POTATOES GREEN BEANS RYE BREAD SLICED APPLES	28 STUFFED SHELLS SPINACH ZUCCHINI ITALIAN BREAD PEARS CAKE
31 CRISPY BAKED COD CORN KALE & ONIONS WHEAT BREAD PINEAPPLE CHUNKS TARTAR SAUCE				

* Milk served daily

**Menus subject to change without notice.

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.

*** SUGGESTED DONATION - \$3 PER MEAL ***