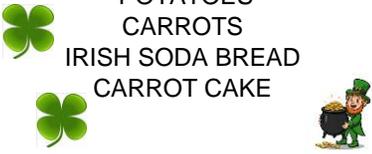


YORKTOWN SENIOR CENTER

(914) 962-7447

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN SAUSAGE TATER TOTS PEPPERS & ONIONS CLUB ROLL FRUIT COCKTAIL	3 PORK CUTLET PICATA RICE BROCCOLI FLORETS WHOLE WHEAT BREAD FRUIT V8 JUICE	4 TURKEY MEATLOAF W/GRAVY MASHED POTATOES PEAS & ONIONS DINNER ROLL POUND CAKE	5 FLOUNDER OREGANATA COUSCOUS GLAZED CARROTS PUMPERNICKEL BREAD FRUIT	6 EGGPLANT PARMIGIANA SPINACH W/GARLIC TOSSED SALAD W/CHICKPEAS ITALIAN BREAD FRUIT
9 BEEF STUFFED PEPPER MASHED POTATOES MIXED VEGETABLES WHEAT BREAD YOGURT	10 ROAST TURKEY W/GRAVY SWEET POTATOES FRECH STYLE GREEN BEANS CORNBREAD PUMPKIN PIE CRANBERRY SAUCE	11 CHEESE LASAGNA TOSSED SALAD W/CHICKPEAS BROCCOLI FLORETS ITALIAN BREAD FRUIT	12 MOLASSES CHICKEN THIGH CHEESE GRITS KALE & ONIONS WHEAT BREAD FRUIT	13 SOLE PICATTA LEMON POTATOES HONEY GLAZED CARROTS RYE BREAD FRUIT
16 MACARONI & CHEESE BROCCOLI FLORETS STEWED TOMATOES WHEAT BREAD PEACHES	17 <i>Celebrate St. Patrick's Day!</i> CORNED BEEF & CABBAGE POTATOES CARROTS IRISH SODA BREAD CARROT CAKE 	18 CHICKEN CACCIATORE PASTA W/GARLIC & OIL SPINACH DINNER ROLL FRUIT	19 BEEF STEW EGG NOODLES MEDITERRANEAN VEGETABLES RYE BREAD RICE PUDDING	20 BROCCOLI QUICHE ROASTED POTATOES PEAS & ONIONS WHEAT BREAD FRUIT AMBROSIA
23 KNOCKWURST W/SAUERKRAUT BAKED BEANS COLESALW CLUB ROLL PINEAPPLE CHUNKS	24 HONEY MUSTARD CHICKEN SWEET POTATOES BRUSSEL SPROUTS CORNBREAD FRUIT	25 CRISPY BAKED COD RICE PILAF GLAZED CARROTS WHEAT BREAD FRUIT	26 BREADED PORK CHOP ROASTED POTATOES CREAMED SPINACH PUMPERNICKEL BREAD APPLE	27 MANICOTTI TOSSED SALAD W/CHICKPEAS ZUCCHINI ITALIAN BREAD CAKE
30 SALIABURY STEAK W/GRAVY SWEET POTATOES GREEN BEANS CORNBREAD APRICOTS	31 ROAST TURKEY W/GRAVY MASHED POTATOES SPINACH DINNER ROLL FRUIT COCKTAIL CRANBERRY SAUCE			

* Milk served daily

**Menus subject to change without notice.

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.

*** SUGGESTED DONATION - \$3 PER MEAL ***