

# YORKTOWN SENIOR CENTER

(914) 962-7447

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> ROAST TURKEY W/GRAVY MASHED POTATOES CREAMED SPINACH WHOLE WHEAT BREAD PEACHES CRANBERRY SAUCE	<b>2</b> CHEESE LASAGNA BROCCOLI FLORETS SALAD W/CANNELINI BEANS ITALIAN BREAD FRUIT	<b>3</b> <u><b>CELEBRATE 4TH OF JULY!</b></u> PULLED BBQ CHICKEN BAKED BEANS COLESLAW CLUB ROLL CHERRY PIE  	<b>4</b> !!! CLOSED !!! 
<b>7</b> KNOCKWURST W/SAUERKRAUT TATER TOTS PEPPERS & ONIONS CLUB ROLL	<b>8</b> SWEET-N-SOUR CHICKEN RICE ASIAN VEGETABLES WHOLE WHEAT BREAD PINEAPPLE CHUNKS	<b>9</b> MEATLOAF W/GRAVY MASHED POTATOES MUSHROOMS & PEAS RYE BREAD SUGAR COOKIES	<b>10</b> MANICOTTI BROCCOLI FLORETS TOSSED SALAD W/CHICKPEAS ITALIAN BREAD FRUIT	<b>11</b> STUFFED PEPPER ROASTED POTATOES MIXED VEGETABLES DINNER ROLL FRUIT
<b>14</b> MACARONI & CHEESE BROCCOLI FLORETS W/ CANNELLINI BEANS WHOLE WHEAT BREAD MANDARIN ORANGES	<b>15</b> SOLE OREGANATA SWEET POTATOES GREEN BEANS RYE BREAD PUDDING	<b>16</b> CHEF'S SALAD: SALAD W/ HAM, TURKEY & CHEESE CARROT RAISIN SALAD ROLL FRUIT	<b>17</b> YANKEE POT ROAST MASHED POTATOES GREEN CABBAGE WHEAT BREAD PINEAPPLE CHUNKS	<b>18</b> PESTO CHICKEN RICE PILAF ZUCCHINI CORNBREAD FRUIT
<b>21</b> SALISBURY STEAK MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT COCKTAIL	<b>22</b> ROAST TURKEY W/GRAVY SWEET POTATOES CAULIFLOWER & PEAS DINNER ROLL MANDARIN ORANGES CRANBERRY SAUCE	<b>23</b> EGGPLANT PARMIGIANA PASTA TOSSED SALAD GREEN BEANS ITALIAN BREAD FRUIT	<b>24</b> HERB ROASTED CHICKEN GRITS CARROTS PUMPERNICKEL BREAD STRAWBERRIES & BANANAS	<b>25</b> SALMON BURGER QUINOA & KALE CARIBBEAN VEGETABLES CLUB ROLL CAKE TARTAR SAUCE
<b>28</b> CRISPY BAKED FISH POTATO SALAD GREEN BEANS WHOLE WHEAT BREAD MANDARIN ORANGES TARTAR SAUCE	<b>29</b> PORK CHOP RICE ORIENTAL VEGETABLES RYE BREAD PINEAPPLE CHUNKS	<b>30</b> VEGETABLE & CHEESE FRITTATA HOME FRIED POTATOES STEWED TOMATOES ITALIAN BREAD FRUIT	<b>31</b> BBQ CHICKEN BAKED BEANS COLESLAW CORNBREAD BROWNIE	

\* Milk served daily

\*\*Menus subject to change without notice.

\*\*\* SUGGESTED DONATION - \$3 PER MEAL \*\*\*

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.