

YORKTOWN SENIOR CENTER

(914) 962-7447

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 SPAGHETTI W/ MEATBALLS BROCCOLI FLORETS TOSSED SALAD ITALIAN BREAD PEACHES
4 LASAGNA SPINACH W/ CHICKPEAS ITALIAN BREAD PINEAPPLE CHUNKS	5 YANKEE POT ROAST MASHED POTATOES GREEN BEANS DINNER ROLL PIE	6 BAKED FLOUNDER LENTIL PILAF MEDITERRANEAN VEGETABLES WHEAT BREAD ORANGE	7 CHEF'S SALAD HAM, TURKEY & CHEESE COLESLAW CLUB ROLL FRUIT	8 CHICKEN CACCIATORE LINGUINE W/GARLIC & OIL ZUCCHINI CASSEROLE RYE BREAD PEACHES
11 CHICKEN SAUSAGE ROASTED POTATOES PEPPERS & ONIONS WHOLE WHEAT BREAD MANDARIN ORANGES	12 BAKED ZITI W/GROUND BEEF TOSSED SALAD SPINACH ITALIAN BREAD FRUIT	13 MOLASSES CHICKEN THIGH CHEESY GRITS COLLARD GREENS WHOLE WHEAT BREAD PINEAPPLE CHUNKS	14 BREADED PORK CHOP MASHED POTATOES CARROTS PUMPERNICKEL BREAD PEACHES APPLESAUCE	15 MEATLOAF W/GRAVY SWEET POTATOES GREEN BEANS RYE BREAD LEMON MERINGUE PIE
18 BROCCOLI QUICHE HARVARD BEETS MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT COCKTAIL	19 ROAST TURKEY W/GRAVY SWEET POTATOES CAULIFLOWER & PEAS COOKIES CRANBERRY SAUCE DINNER ROLL	DELIVERED ON 8/19 CHICKEN SALAD CARROT RAISIN SALAD MACARONI SALAD CLUB ROLL PEACHES	21 SALMON POTATOES FRENCH STYLE GREEN BEANS WHOLE WHEAT BREAD MANDARIN ORANGES	22 MANICOTTI BROCCOLI ZUCCHINI ITALIAN BREAD BLUEBERRY PIE
25 SALISBURY STEAK ROASTED POTATOES PEAS & MUSHROOMS RYE BREAD PINEAPPLE CHUNKS	26 EGGPLANT PARMIGIANA WHOLE WHEAT PENNE BROCCOLI FLORETS TOSSED SALAD W/CHICKPEAS ITALIAN BREAD STRAWBERRIES & BANANAS	27 SOLE FLORENTINE LENTIL PILAF HONEY CITRUS CARROTS WHOLE WHEAT BREAD FRUIT	28 SWEDISH MEATBALLS BUTTERED NOODLES SPINACH PUMPERNICKEL BREAD FRUIT	29 HERB ROASTED CHICKEN LEMON POTATOES GREEN BEAN CASSEROLE DINNER ROLL CAKE

* Milk served daily

**Menus subject to change without notice.

*** SUGGESTED DONATION - \$3 PER MEAL ***

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.